

HEALTHCARE RESOURCES

New York State-Wide

For help finding low-cost care or coverage, call Community Health Advocates toll-free at: 888-614-5400 or go to: www.communityhealthadvocates.org

COMMUNITY HEALTH CENTER LOCATORS:

- [HRSA's Federally Qualified Health Center Locator \(FQHC\)](#)
- [New York State specific "Find a Health Center"](#)
- Health centers are local clinics that can treat your medical, dental, and other health care needs. They are community-based and led in part by patients at the health center. Health centers adjust their fees based on income and family size. Even if you don't have insurance or can't afford to pay, you will not be turned away.

FREE OR LOW-COST MEDICAL CLINIC LOCATORS:

- [National Association of Free & Charitable Clinics \(NAFC\) Healthcare Services Locator](#)
- [NYS Local Health Departments](#)
- [NYS Family Planning Program Sites](#)

HOSPITAL FINANCIAL ASSISTANCE:

- [Patient's Financial Aid Law \(FAL\)](#)
 - Eligible New Yorkers can apply for financial assistance when seeking hospital care. The following individuals are eligible:
 - Low-income individuals without health insurance; or
 - underinsured individuals (out-of-pocket medical costs accumulated in the past twelve months that amount to more than ten percent of such individual's gross annual income); or
 - those who have exhausted their health insurance benefits, and who can demonstrate an inability to pay full charges; or
 - at the hospital's discretion, individuals who can demonstrate an inability to pay their co-pay and/or deductible can request a reduced or discounted payment.
 - Visit the [website](#) to learn more

NEW YORK STATE VACCINES FOR ADULTS PROGRAM

- The New York State Vaccines for Adults (VFA) Program provides vaccines at no cost to eligible adults.
- The vaccines are distributed to health care facilities that are enrolled as VFA providers.
- Many health care facilities participate in the VFA, please visit their [website](#) to learn more.

NEW YORK STATE VACCINES FOR CHILDREN PROGRAM

- The New York State Vaccines for Children (NYS VFC) Program is a federally-funded program that provides vaccines at no cost.
- The vaccines are distributed to private physicians' offices and public health clinics enrolled as VFC providers.
- Many health care facilities participate in the VFC, please visit their [website](#) to learn more.

NYSDOH UNINSURED CARE PROGRAMS

- The programs provide access to free health care (Drugs, Outpatient Primary Care, Home Care, Insurance Premium Payments, and Pre-Exposure Prophylaxis to prevent HIV infection) for New York State residents who are living with or at risk of acquiring HIV/AIDS and are uninsured or underinsured.
- Please visit their [website](#) to learn more.

HEALTHCARE RESOURCES

New York City

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PRIMARY CARE CLINICS + MORE:

- **NYC Health + Hospitals' NYC Care**
 - NYC Care guarantees low-cost and no-cost services to New Yorkers who do not qualify for or cannot afford health insurance.
 - Visit their [website](#) to learn more
 - Call 1-646-NYC-CARE (1-646-692-2273)
- **Community Health Centers**
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- **Free or Low-Cost Medical Clinic Locators**
 - [National Association of Free & Charitable Clinics \(NAFC\) Healthcare Services Locator](#)
 - [NYS Local Health Departments](#)
 - [NYS Family Planning Program Sites](#)
- **Northwell Health's Zucker School of Medicine Free Clinic**
 - The Zucker School of Medicine Free Clinic serves the primary care needs of uninsured adult patients.
 - Visit their [website](#) to learn more
 - For appointments, call (516) 441-7926 on weekdays from 9am to 5pm
- **Academy of Medical and Public Health Services's RaisingHealth**
 - RaisingHealth is a not-for-profit health service organization identifying barriers to health and wellness in underserved immigrant communities and coordinating primary care with social assistance.
 - Visit their [website](#) to learn more
 - Call (212) 256-9036, Tuesday - Saturday 10:00am-6:00pm
- **Columbia University Irving Medical Center- Q Clinic**
 - Q Clinic provides free primary care tailored to the needs of the LGBTQ+ community.
 - Visit their [website](#) to learn more
 - For appointments, call or text 347-565-5042 at any time
- **Pillars NYC's NYC Community Free Clinic - Harlem**
 - The Harlem Community Free Clinic, provides primary healthcare services for patients regardless of immigration or health insurance status.
 - Visit their [website](#) to learn more
 - For appointments, call 212-222-3470

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HEALTHCARE RESOURCES

Capital/Mid-Hudson/North Country

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- **Free or Low-Cost Medical Clinic Locators**
 - [National Association of Free & Charitable Clinics \(NAFC\) Healthcare Services Locator](#)
 - [NYS Local Health Departments](#)
 - [NYS Family Planning Program Sites](#)
- **Remote Area Medical (RAM)**
 - RAM provides free healthcare clinics to help meet the medical, dental, and vision needs of underserved communities. Their mobile, pop-up clinics are designed to bring care directly to those who need it most, with services including dental cleanings, fillings, extractions, eye exams, and prescription glasses made on-site.
 - Visit their [website](#) to see services offered, clinic schedule and upcoming events
- **Albany County's Single Point of Entry (SPOE)**
 - The Single Point of Entry (SPOE) is a way for women, teen girls, children and families to connect with programs available through Albany County and community agencies. The SPOE serves as a point of information for families in need of help.
 - Visit their [website](#) to learn more
 - To speak with a SPOE operator, please call (518) 447-7777, Monday through Friday, 8:30am to 4:30pm.
- **Capital City Rescue Mission**
 - This free medical clinic provides essential primary care for people who are struggling with poverty or homelessness and have little or no insurance.
 - Visit their [website](#) to learn more
 - For appointments and questions, call 518-462-0459 x 233

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Long Island

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- **Free or Low-Cost Medical Clinic Locators**
 - National Association of Free & Charitable Clinics (NAFC) Healthcare Services Locator
 - NYS Local Health Departments
 - NYS Family Planning Program Sites
- **Riland Community Free Clinic- Old Westbury**
 - The Old Westbury Community Free Clinic provides primary healthcare services to patients, regardless of insurance or immigration status. Telehealth options may be available.
 - Visit their **website** to learn more
 - For appointments, call 631-348-3075
- **Community Free Clinic- Central Islip**
 - The Central Islip Community Free Clinic provides primary healthcare services for patients, regardless of immigration or health insurance status.
 - Visit their **website** to learn more
 - For appointments, call 631-348-3254
- **Directory of Health Care Providers who serve the Uninsured in Suffolk County, NY**
 - Visit this **website** to see the full list of providers

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Central NY

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- **Christian Health Service of Syracuse**
 - Christian Health offers a self-pay rate as a courtesy to patients without traditional insurance. Self-pay patients receive a discounted rate for labs drawn in office, in-house procedures, and vaccinations received in the office.
 - Visit their [website](#) to learn more
 - For appointments, call 315-433-9999
- **Poverello Health Center**
 - Poverello Health Center provides free health services to those in need who have no other alternatives or financial resources for medical care.
 - Visit their [website](#) to learn more
 - For appointments, call 315-423-9961- Wednesdays: 5:00-7:00 PM
- **Rahma Health Clinic**
 - Rahma Health Clinic is a nonprofit organization providing free, high-quality healthcare to the underserved.
 - Visit [website](#) to learn more and schedule an appointment
 - For more information, call 315-565-5667
- **Amaus Health Services at the Cathedral**
 - Amaus Health Services at the Cathedral is a volunteer-staffed outreach program providing free dental and vision care to uninsured or underinsured individuals.
 - Visit their [website](#) to learn more about vision services
 - Visit their [website](#) to learn more about dental services
 - For more information, call 315-802-6741
- **Oneonta Community Health Center**
 - Oneonta Community Health Center provides free health care service for low-income, uninsured adults.
 - Visit their [website](#) to learn more
 - For appointments, call 607-433-0300

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Western NY

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- **Lighthouse Free Medical Clinic**
 - The lighthouse free medical clinic's services are free and available to all, including patients who are uninsured and underinsured.
 - Visit their [website](#) to learn more
 - For appointments, call 716-222-0805

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