



Benefits Plus Subscribers

Go to [Cash Benefits](#), [Cash Assistance](#), [Qualifying for Cash Assistance](#), [Income](#), for an explanation of the NYC Monthly Cash Assistance Income Guidelines, as well as an explanation of the chart below.

NYC Human Resources Administration (HRA) Monthly Cash Assistance Income Eligibility Chart and Benefit Amount Households with dependent children				
HH Size	Basic CA Allowance	Home Energy Allowance	Maximum Shelter Allowance	Income Guidelines & Standard of Need (SON)
1	\$158	\$25.10	\$277.00	\$460.10
2	\$252	\$39.50	\$283.00	\$574.50
3	\$336	\$53.00	\$400.00	\$789.00
4	\$433	\$68.70	\$450.00	\$951.70
5	\$534	\$84.70	\$501.00	\$1,119.70
6	\$617	\$97.20	\$524.00	\$1,238.20
7	\$702	\$109.70	\$546.00	\$1,357.70
8	\$787	\$122.20	\$546.00	\$1,455.20
Add \$85.00 for each additional person for Basic CA Allowance. Add \$12.50 for each additional person for Home Energy Allowance.				

NYC Human Resources Administration (HRA) Monthly Cash Assistance Income Eligibility Chart and Benefit Amount for Households without Children				
HH Size	Basic CA Allowance	Home Energy Allowance	Maximum Shelter Allowance	Income Guidelines & Standard of Need (SON)
1	\$158	\$25.10	\$215.00	\$398.10
2	\$252	\$39.50	\$250.00	\$541.50
3	\$336	\$53.00	\$286.00	\$675.00
4	\$433	\$68.70	\$312.00	\$813.70

NYS Cash Assistance Resource Limits

- Applicant households \$2,500
- Applicant households with a member aged 60 and over \$3,750
- All CA recipient households \$10,000



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Go to [Cash Benefits, Supplemental Security Income \(SSI\), Qualifying for SSI, Income](#), for more information on NYS Living Arrangements, as well as common income disregards for SSI.

SSI Benefit Rate 2026						
NYS Living Arrangement	Individual			Couple		
	Federal	NYS	Total	Federal	NYS	Total
Living Alone	\$994	\$87	\$1,081	\$1,491	\$104	\$1,595
Living with Others	\$994	\$23	\$1,017	\$1,491	\$46	\$1,537
Living in the Household of Another	\$662.67	\$23	\$685.67	\$994	\$46	\$1,040

SSI Resource Limits

- An Individual: \$2,000
- A Couple: \$3,000



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Go to Cash Benefits, [Supplemental Security Income \(SSI\)](#), [Budgeting SSI Recipients in Congregate Care facilities](#), for an explanation of Congregate Care Facilities

SSI Benefit Rate for Congregate Care Facilities in NYS 2026						
NYS Living Arrangement	Individual			Couple		
	Federal SSI Rate	NYS SSP	Maximum Amount	Federal SSI Rate	NYS SSP	Maximum Amount
Congregate Care Level 1 – Family Care <ul style="list-style-type: none"> NYC, Nassau, Rockland, Suffolk and Westchester Rest of the State Personal Needs Allowance 	\$994	\$266.48	\$1,260.48	\$1,491	\$1,029.96	\$2,520.96
	\$994	\$228.48	\$1,122.48	\$1,491	\$953.96	\$2,444.96
			\$191			\$191 each
Congregate Care Level 2 – Residential Care <ul style="list-style-type: none"> NYC, Nassau, Rockland, Suffolk and Westchester Rest of the State Personal Needs Allowance 	\$994	\$435	\$1,429	\$1,4591	\$1,367	\$2,858
	\$994	\$405	\$1,399	\$1,491	\$1,307	\$2,798
			\$219			\$219 each
Congregate Care Level 3 – School for Individuals with Intellectual Disabilities <ul style="list-style-type: none"> Entire State Personal Needs Allowance 	\$994	\$694	\$1,688	\$1,491	\$1,885	\$3,376
			\$262			\$262 each



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Go to [Cash Benefits, Home Energy Assistance Program \(HEAP\), Qualifying for HEAP](#), for an additional eligibility information.

Individuals must have a household income at or below HEAP guidelines (Tier 2) to be eligible.

- **Tier 1 Guidelines:** These **guidelines are set at 130%** of the federal poverty level. Households with incomes below the Tier 1 income guidelines receive a slightly higher HEAP benefit amount than those households with incomes below the Tier 2 guidelines.
- **Tier 2 Guidelines:** For household sizes 1-13, guidelines are based on 60% of the state median income. For households with 14 members or more, the income guidelines are set at 150% of the federal poverty level.

HEAP Maximum Monthly Income Guidelines and Tiers 2025-2026 Heating Season		
Household Size	Tier 1 (130% FPL)	Tier 2
1	\$1,695	\$3,473
2	\$2,291	\$4,542
3	\$2,887	\$5,611
4	\$3,483	\$6,680
5	\$4,079	\$7,749
6	\$4,675	\$8,818
7	\$5,271	\$9,018
8	\$5,866	\$9,218
9	\$6,462	\$9,419
10	\$7,058	\$9,619
11	\$7,654	\$9,820
12	\$8,250	\$10,020
13	\$8,845	\$10,221
13+	+ \$596 each additional member	+ \$687 each additional member

There are no asset/resource limitations for regular HEAP benefits.